



2026 NZ Swimming Championships

Pre-Competition Information Book

Accurate as 07 May 2026



NEW ZEALAND CHAMPS

Welcome from Swimming NZ

Kia ora swimmers, coaches and managers,

On behalf of Swimming NZ and the events team in Auckland, welcome to the 2026 NZ Swimming Championships being held next week. We are excited to be hosting this event at the Sir Owen G Glenn National Aquatic Centre, we can't wait to welcome you all!

To assist you with your final preparations, we have put together this document outlining all the key details you need to know about to help you across the championships. It promises to be an exciting week of racing and we look forward having you in Auckland.

We would also like to thank our competition partner **AUT Millennium** for their support in bringing these championships to you. Thanks also to our corporate partners **Arena** and **Teamline**. We thank them for their support of this event and our sport.

Thanks for being part of the championships, and best of luck for your final preparations and racing throughout the week. We can't wait to see you in Auckland.

Ngā mihi nui,
Kate

Kate Griffiths

Kate Griffiths
Competitions Manager

Meet the SNZ Competitions Team

Name	SNZ Role	Major Roles in Auckland
Kate Griffiths	Competitions Manager	Competitions Manager
Carlrine Gillespie	TO & Volunteer Development Lead	Control Room Supervisor
Dianne Farmer		Technical Director
Tanisha Keach	Digital Marketing & Content Manager	Content Sharing, Social Media & Website
Tonya Osborne	Membership Coordinator	Swimify
Helene Helms		Quantum Operator
Isabelle Clague / Charlotte Searle		Sport in the Box Operator
Simon Watts		Photographer
Tawhiti Te Momo		Videographer
Lewis Hampton		Media
Scott Rice		Commentator
Steve Kent		Commentator

Important Information

Key Contacts for Competition

Role	Name	Enquiry Type	Contact
Competitions Manager	Kate Griffiths	Event Queries	021 246 7440 events@swimming.org.nz
Resolution Desk	Technical Official	Withdrawals, DQs & Relay Forms	Table on Pool Deck

Team Managers WhatsApp Group

We have created a WhatsApp Group that you can join to receive short updates across the week should we require to.

[Please join the WhatsApp group here](#)

Good Behaviour

Swimming New Zealand is committed to providing positive swimming experiences for all involved. Across the five days of competition, we trust that all interactions throughout the event will be positive and respectful – please treat others like you would like to be treated.

All participants must comply with our Code of Conduct – [learn more](#)

Health & Safety

Please remember to encourage good hygiene practices at this event and use common sense to keep yourself and others safe on pool deck.

Warm-Up Procedure

We ask that you please stick to these lanes as documented on pool deck.

Accreditation & Access to Pool

Access to the pool is via the competitor's entrance at the scoreboard end of the pool (near the athletics track) with your accreditation. An accreditation volunteer will be on hand to ensure that passes are being presented. If you do not have a valid pass – you will be required to pay the appropriate admission fee. Accreditation must be worn, around the neck, to gain access. No accreditation no entry. Lost accreditation can be replaced at a cost of \$15.00 each – through cash or invoice to the club.

Please note, no late passes will be issued at the door as per the updated Accreditation Policy 009.

Seating

There will be no seating plan for these championships. Seating will be on both pool deck and in the grandstand. If you are seated in the grandstand please ensure you are in the second half closest to the scoreboard as the start end is reserved for spectators.

Opening Ceremony

There will be an opening ceremony on Wednesday evening at 5:50pm.

Parking

Parking is limited at the Sir Owen G Glenn National Aquatic Centre. Please try and limit the number of vehicles you travel into the meet and comply with parking times and fees as per the signs displayed.

Entries & Results

Psych Sheets

Final psych sheets were published on Swimify on 05 May.

[Click here to view](#)

Programme & Results

Swimming NZ will complete the programme and seeding over the coming days online. The programme, session timelines and results are available on Swimify throughout the championships.

[Click here for Swimify](#)

We encourage you to download the new Swimify Livetiming app to view the programme and results on your phone.

[Apple App Store](#)

[Google App Store](#)

Printed Programmes

If you wish to have a printed copy these can be purchased via the link on the event page. The cost for these will be \$25+GST which will cover all sessions. Pre-paid programmes for all morning sessions will be available for collection from the accreditation desk on Wednesday morning. Please note extra copies will not be printed and anyone requiring programmes will need to pre-order by 5pm on Tuesday 12 May.

[Click here to purchase \(for Team Managers and Coaches only\)](#)

Session Timelines

The session timelines are available on Swimify.

Withdrawals

Withdrawals from events for session one will need to be submitted via email by 5pm or at the Team Managers meeting being held at 5pm on Tuesday 12 May. Any withdrawals for session one submitted after this will incur a withdrawal fee.

Any further withdrawals for sessions 2 - 10 will not be accepted via email after 5pm Tuesday 12 May. Withdrawals need to be made via a withdrawals form which can be found at the resolutions desk. Withdrawals via email will be considered late and will occur a late withdrawal fine.

For timed final events the SNZ Policy 008 will apply.

For timed-finals, withdrawals must be advised by the end of the session preceding the session with the timed final event.

Withdrawals from evening final races will be required to be submitted 30 minutes from posting of event results online.

Any withdrawals after this 30-minute period will occur a \$50 fine.

DQs & Protests

Disqualifications will be announced and a copy of the DQ form will be available to view at the resolutions desk located halfway along the pool on the non-grandstand side.

Protests must be submitted to the referee, in writing, on the protest form by the team manager only within 30 minutes following the DQ result posting online. This needs to be accompanied in cash by the \$100.00 protest fee.

If conditions causing a potential protest are noted prior to the event a protest must be lodged before the signal to start is given.

All protests shall be considered by the referee. If the referee rejects the protest, they must state the reasons for their decision. The Team Manager may appeal the rejection to the Jury of Appeal whose decision shall be final.

If the protest is rejected, the deposit will be forfeited to SNZ. If the protest is upheld the deposit will be returned.

Competition Information

Opening Hours

Pre-Meet (Tuesday 12 May)
9am - 12pm and 3pm - 6pm

Competition Days (Wednesday 13 - Sunday 17 May)
Warm Up Heats - 7.30am Racing - 9.00am
Warm Up Finals - 4.30pm Racing - 6.00pm

Finals Structure

Finals will be swum for all 50m, 100m, 200m and 400m events.

Final	Swimmers
A Final	Open 8 fastest swimmers overall
17-18 Timed Final	Fastest 8 swimmers in the age group after the A Final has been seeded.
C Final	Next fastest 8 swimmers overall after the A Final and 17-18 Timed Final has been seeded.

The open championship placings and club points will be determined from the A final.

Placings will be determined for the 17-18 years age group from the fastest results from the A Final and 17-18 Timed Final combined. Club points will also be awarded using this method.

C finals will be held if 30 swimmers race in the heats of the respective event. Results from the C Final will not score points at this championship.

Please note that the finals will be swum in the following order – C Final, 17-18 Timed Final followed by A Final.

All finals swimmers will be marshalled at the same time.

A maximum of two (2) international visitors may progress from heats to each final in any one event.

Distance Freestyle Events

The 800m and 1500m Freestyle for both males and females will be swum as timed finals with only the fastest timed final swum in the finals session of that day.

There is no limit on international visitor entries for timed-finals but only two (2) international visitors may swim in the fastest timed-final and be eligible for medals.

Multi-Class Finals

The format for Multi-Class finals will be determined by the swimmers who achieve the eight highest points from the heats swims, based on the World Para Swimming points system and equivalent for the alternative pathway classifications using the event software. Medals will be awarded using the same event software.

To confirm, this means that swimmers of all classifications (S1-S19) will be vying for the top eight points totals to make the Multi-Class final.

Multi-Class Timed Finals

Timed finals will occur for the following events within the heats sessions for the 200m strokes, 800m and 1500m events. These medals will be presented during the mid-finals sessions medal presentations break of that respective evening.

Marshalling

Heats:

Self-marshalling will be employed during all heat sessions. Swimmers are asked to be in the marshalling area 4 heats prior to their event. For all 50m events swimmers need to be in the marshalling area 6 heats prior to their event.

Finals:

Swimmers (including reserves) will need to marshal 6 races prior for 50m events and 4 races prior to their event for all other events and remain in the marshalling area. All swimmers are required to marshal for relays. Swimsuits will be checked at marshalling for legality.

If a swimmer is not present at the time of their event being marshalled, the clerk of course will replace that swimmer with the reserved swimmer.

Victory Ceremonies

Medals shall be awarded for the 1st, 2nd and 3rd New Zealanders in all events (except exhibition relays). Visitor medals will be awarded to any international competitor who places.

The victory ceremony timetable will be included in the finals programmes and as listed in the event schedule, and we will endeavour to run to this timetable. If for any reason there is a delay in the results being available, the medal presentation for that event will take place as soon as possible.

Dress standard and protocols for victory ceremonies:

- Club or regional t-shirt, jacket, or sweatshirt.
- No caps or goggles.
- Shorts, trousers, or skirts must be worn.
- Shoes must be worn.
- Swimmers can't run on to the podium late, they need to be present at the start of the announcement for their presentation.
- Swimmers must keep their medal on until well away from the podium and cameras.

Rules

The championships will be delivered in accordance with Swimming NZ Policies, in addition to World Aquatics and World Para Swimming Rules.

[Click here for more information](#)

Strapping

Swimmers with strapping must provide documentation from a relevant registered health practitioner or physiotherapist and be reviewed by the Technical Director (Dianne Farmer) prior to swimming. Any swimmers without such documentation may not be permitted to swim.

Accreditations

All accredited persons must have their accreditation on them and present their pass to access the competition building via the accredited entrance at all times. Please wear your accreditation around your neck. If a swimmer, coach or team manager is seen to be using somebody else's accreditation, this accreditation will be removed for the remainder of the event. Please note that you won't be providing lanyards for 2026, so you'll need to bring your own for the championships.

Pre-Meet Day

Team Managers Meeting

There will be a compulsory team manager meeting held on Tuesday 12 May at 5pm in the Grandstand next to the Board Room.

Team managers will be given a brief run-down of meet activities, expectations of swimmers and clubs, and general delivery of the event. Each club is asked to have at least one representative at the meeting. If you can't attend, please have a good understanding of this update.

Accreditation Collection

Accreditation passes can be collected from competitors' entrance from 4pm on Tuesday 12 May. If accreditations aren't collected on Tuesday, then they will be available to collect from the competitors' entrance for the rest of the week.

Presentations

2025 Swimming NZ Awards

We will be announcing the winners of the 2025 Swimming NZ Awards throughout the five finals sessions across the championships, recognising achievements from the 2025 calendar year.

The finalists for these awards will be announced on our website and social media channels ahead of the championships.

Team Announcements

We will announce and celebrate all swimmers and coaches who have been nominated for the Commonwealth Games, and selected for the Pan Pacific Swimming Championships, Pan Pacific Para Swimming Championships, Junior Pan Pacific Swimming Championships and World Junior Open Water Swimming Championships on Sunday 17th May at the end of the finals session.

Event Trophies

At the conclusion of racing on Sunday, we will be presenting the trophies for Top Club and Harold Pettit (most outstanding individual performance).

Don't Miss Any of the Action

Spectator Tickets

We ask each of you to help us getting the largest and loudest crowd possible to help on race day by encouraging your whanau and friends to get their tickets to cheer you on from the grandstand.

[Click here to purchase tickets](#)

Livestream

The Swimming New Zealand YouTube channel will be the host platform for the 2026 NZ Swimming Championships at the Sir Owen G Glenn National Aquatic Centre.

If you can't attend the racing in person, don't miss any of the action by catching it live and free on the Swimming New Zealand YouTube channel.

The livestream links will be available from the competition webpage

Community Initiatives & Activations

Coaches Area

Following the success of this new initiative in recent years, Swimming NZ and SCTNZ are proud that there will be a dedicated coach area throughout the championships. This has been continued to encourage coaches to mingle with fellow coaches and get away for a break. This will be located next to the 25m pool.

Teamline Store – Merchandise & Swimwear

Teamline will be present at the championships, selling both event merchandise and swimming apparel. Be sure to check out their pop-up store and say hello to the team located on poolside.

Coaches & Parents Sessions

We are pleased to offer some workshops with Wayne Goldsmith during the championships. Both workshops will be held in the Swimming NZ Board Room

- Coaches Workshop - *"Making the Most of Meets"* - Friday immediately after heats session
- Parents Workshop - *"Champion Parenting for Young Swimmers"* - Saturday immediately after heats session

Policies & Other Important Information

Photography & Videography

Photos and videos will be taken throughout the competition. All athletes and spectators have agreed to allow photographs, videos, and audio recordings to be taken by accredited SNZ contractors to be used for any legitimate purpose by SNZ. If you have any concerns please contact events@swimming.org.nz.

Spectators agree upon entry that photographic, video or audio recording equipment is prohibited for any purpose which may include, without limitation, video and/or audio recorders, camera tripods, monopods, or lenses with a total focal strength of greater than 300mm and commercial digital video equipment. The SNZ Event staff will, at their sole discretion, determine whether or not an item is intended for personal or commercial use.

Team Manager Guidelines

To assist Team Managers with their preparations, we have provided a guidelines document.

[Click here to view](#)

Accreditation Policy (009)

As accredited persons for these championships, please be aware you'll comply with this policy

[Click here to view](#)

Anti-Doping

Think you're ready for 2026 NZ Swimming Championships? Not until you're educated on anti-doping.

If you're taking part, it's vital you understand your anti-doping rights, responsibilities and the doping control process. How? Take the Level 1 e-learning course from Drug Free Sport New Zealand. It's quick, simple and makes anti-doping an easy part of your competition prep.

Get started now at sportintegrity.nz/integrity/anti-doping/clean-sport-education

